

# SABINE MUELLER PHD

## GESTALT THERAPY & COACHING, PERSONAL DEVELOPMENT TRAINER



### CONTACT

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### COMPETENCES

- English, German, French
- Positive Psychology
- Creative & experiential approach
- Authentic & Inspirational
- Empathy & Interpersonal skills
- Multicultural & multidisciplinary groups
- Training experience abroad (10+countries)

*"All change, even very large and powerful change, begins when a few people start talking with one another about something they care about." (Margaret Wheatley)*

### PROFESSIONAL CAREER

#### Psychotherapy/ Gestalt therapy & Coaching

01/2016 - Today

La Source, Dijon, France

Psychotherapy & Coaching of individuals and groups, in a private and professional context.

#### Personal development trainer & innovation consultant

01/2016 - Today

France, Germany, Europe

- Design and Implementation of innovative pedagogies for personal development programmes. Amongst others for: BSB Dijon, Talent Campus, URSSAF, Crédit Agricole BFC, UBFC
- Coordination and teaching of international leadership programmes for various European Business Schools

**Training Areas:** 1/Innovation & Design Thinking;  
2/Leadership & Entrepreneurial Mindset; 3/Personal Development & Communication

#### Associate Professor Entrepreneurship & Personal Development

01/2009 - 09/2016 (Till today as part-time lecturer)

#### Burgundy School of Business (BSB) Dijon-Paris-Lyon

- Development and delivery of innovative entrepreneurship educations on European and International level (Since 2009
  - Dijon, France / Apr 2009 – Guangzhou, China / Apr 2010
  - Florianopolis, Brazil / May 2011 – Lagos, Nigeria), focus on personal leadership & creativity

**Award:** Innovation and Entrepreneurship Teaching Excellence Award at the 10<sup>th</sup> ECIE conference (September 2015), Italy

**Academic Leaders Programme:** TEC de Monterrey, Campus Guadalajara, Mexico (April 2012)

- Regional, national and international company assignments on innovation projects (amongst others Decathlon, La Poste, BEL, Philips and numerous SME's)
- Developmental coaching of student entrepreneurs & Coordination of local incubator
- Research and publication

**Education Consultant l'OECD "Entrepreneurial learning »**  
10/2015

## **OECD - Europe**

Punctual contribution in the scope of the "Entrepreneurship360" project.

[www.oecd.org/cfe/leed/Outward-Looking-School-and-Ecosystem.pdf](http://www.oecd.org/cfe/leed/Outward-Looking-School-and-Ecosystem.pdf)

## **EU Project Coordinator**

01/2006 - 09/2008

**European Commission / University of Applied Sciences Mainz, Germany**

Overall coordination of the European Union funded project 'COEUR – Business Creativity Module' and the 6 participating Universities in the Czech Republic, France, Germany, Poland, Portugal and Scotland. Coordination of the development, implementation and promotion of an international and virtually taught module on entrepreneurship education ([www.coeur-module.eu](http://www.coeur-module.eu)).

**Academic Assistant Marketing & Entrepreneurship**, 09/2004 - 01/2006

**University of Applied Sciences Mainz, FH Mainz, Germany**

## **FORMATION**

**Process Communication Model®**: Psychology & Communication  
2021, Kahler, Paris

**Accredited Trainer King's & Queen's Play®** :

Authentic Leadership & Systemic training 08/2018

Dominique Vincent - Drome, France

[www.jeuduroireine.fr](http://www.jeuduroireine.fr)

**Gestalttherapist**: Psychotherapy, 05/2018

**Gestalt Forum Freiburg** - Freiburg, Germany

**PhD studies**: Entrepreneurial learning & Innovative

Pedagogies 09/2012

**Robert Gordon University Aberdeen** - Aberdeen, Scotland

**Postgraduate Diploma Coaching & Mentoring**: Coaching & Psychology, 01/2012

**Oxford Brookes University** - Oxford, UK

**Transactional Analysis Course 101** : Psychology & Communication, 2011

**Ecole d'Analyse Transactionnel Dijon** - Dijon

**Master in Education**: Pedagogy, Sociology, Psychology of education.

**Johannes Gutenberg Universität, Mainz** - Mainz, Allemagne

Thesis published in 2007: "Master of European Entrepreneurship", ISBN 3836445026

Recent Publication:

Mueller, S. & Toutain, O. (2021) Reality Entrepreneurship: A practical Guide to Effectuation.